



Annual Report

REDISCOVERMH.ORG

2022



Passionate about *people*

About Us

**Compassionate about health care.
Passionate about people.**

ReDiscover is a certified nonprofit community behavioral health organization that provides comprehensive programs and services for adults, families, and children whose lives have been affected by mental illness and substance use. We help a broad range of individuals, including those with limited financial means or without insurance.



For more than 50 years ReDiscover has provided innovative, comprehensive, and compassionate care that has helped thousands of people with their mental, emotional, and physical wellness.

www.rediscovermh.org

Our Why

Working in the mental health field, I've always had my share of encounters with strangers and friends alike who ask, "Out of all the career paths you could have chosen, why did you choose mental health?" My interest in mental health initially began because I wanted to help a dear friend who confided in me she wasn't sure she wanted to continue to live. My friend found hope and recovery through receiving mental health services, and I became inspired by her journey. Thirty years later I continue to do this work alongside all 700+ team members because the work we do at ReDiscover matters, and it matters now more than ever before. In 2022, for the third year in a row, ReDiscover served more people in one calendar year than in any previous year.. We're seeing this increase in part because of our growing number of programs, like our 988 mobile crisis response and school-based mental health programs, but also because we're still very much seeing the impact of the COVID-19 pandemic and the lasting effects it's having on our mental, physical, and financial health.

In partnership with key partners throughout Missouri, ReDiscover has been working to strengthen mental health crisis services and making lasting change in Missouri's opioid crisis by offering medication-assisted treatment at several ReDiscover locations. The need for expanded crisis services to meet the growing needs in our community requires innovation, collaboration and a commitment to mental health equity. Innovative approaches such as mental health co-response with law enforcement and behavioral health urgent care make big impacts in the lives of our community members, yet they are often underfunded.



We still have work to do in order to show up for our community in all of the ways it needs us to.

We're so proud of the work we've done, but we know the needs persist. We still have work to do in order to show up for our community in all of the ways it needs us to. We invite you to join us as we work to destigmatize mental health, vote for policies that positively impact community mental health, and support local mental health providers to whatever extent you're able. ReDiscover has supported our community for 54 years and we'll continue to do just that, because it matters. That's our why, what's yours?



- Jennifer Craig

REDISCOVER PRESIDENT AND CEO

Our Vision

To be a comprehensive community resource for mental health and substance use disorder issues, responsive and affordable to all who need it, providing the highest quality of care.

Our Services

1

Mental Health Services

Mental Wellness is the core of what we do at ReDiscover. Our mental health services span to cover adults, children, and families. We offer various services including counseling, Transcranial Magnetic Stimulation (TMS), peer support groups, and psychiatric services.

2

Wellness + Recovery Services

We recognize that substance use is a mental health issue and our addiction treatment spans to include mental and emotional services. We offer medication assisted treatment, healthcare services, and advocacy to clients involved in the legal system because of their mental health issues.

3

Residential Services

Houselessness is often a result of mental illness, so we offer temporary and long-term housing as well as residential treatment facilities where clients can stay in stable housing with access to ReDiscover staff while they get treatment.

4

Crisis + Outreach Services

We offer stabilization services for individuals in crisis. Whether someone has been picked up by local law enforcement for public intoxication, is seeking mental health services for the first time, needs an emergency medication refill, or is experiencing suicidal ideations, we can help.



Our Team

ReDiscover's Executive Team is made up of experts in their fields who carry a deep passion for people. Together, they lead more than 700 members of Team ReDiscover through challenges, growth opportunities, and our quest to continue to better serve our community year after year by meeting each client exactly where they're at in life.



Jennifer Craig
President & CEO



John Wubbenhorst
Chief Medical Officer



Astra Garner
VP of Culture &
Strategic Growth



Stewart Chase
VP of Strategic
Infrastructure & Systems
Integration



Darlene Thompson
VP of People
Operations



Michelle Naus
*VP of Financial
Operations



Jennifer Johnson
VP of Organizational
Integrity



Ed Cullumber
VP of Mental Health
Services



Angela Manns
VP of Wellness &
Recovery

*Michelle Naus joined Team ReDiscover in March 2023

Our Impact



ReDiscover has 20 service locations and currently offers 29 different programs. Our program list and services are ever-growing because we are always looking for new and better ways to serve our community members.

Our impact is in every life saved, every client milestone reached, and every time ReDiscover staff members offer kindness and compassion to those trying to rebuild their lives.

Who We Serve



At ReDiscover we value each and every person who relies on and trusts us to support them on their journey. Their uniqueness, strengths, and vulnerabilities are celebrated and we are ever-focused on how we can better serve marginalized groups and communities.

Gender Unduplicated Persons Served

Female: 6,589

Male: 5,798

Nonbinary or Other: 384

Age

0-17 year olds: 1,762

18-40 year olds: 6,341

41-65 year olds: 4,017

66+ year olds: 609

Unknown: 42

Race/Ethnicity

American Indian or Alaskan Native: 68

Asian: 83

Bi/Multi Racial: 172

Black or African American: 3,211

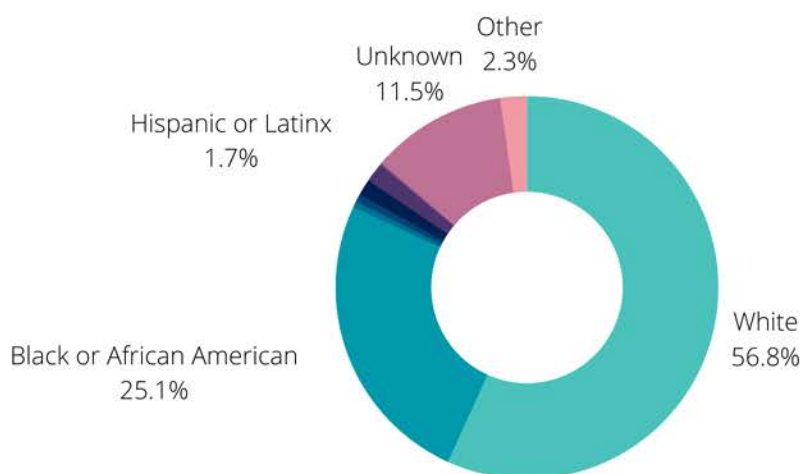
Hispanic or Latinx: 212

Native Hawaiian or Pacific Islander: 21

Unknown: 1,466

Other: 288

White: 7,250



Total persons served: 12,771

A Year in Review

In 2022, we reached many new milestones, including employing over 700 professionals, creating new events to get our community talking about mental health, and being selected to join the Kansas City Health Equity Learning and Action Network to help put an end to racial and ethnic disparities in health care and health status.

The number of milestones, achievements, and barriers broken by ReDiscover staff are endless, so listed here are just a few of our favorites from 2022.



ReDiscover held our first ever Art After Dark event where we invited the community to see how art and mental health connect.



ReDiscover welcomed Darlene Thompson as our Vice President of People Operations.



ReDiscover's therapists provided 43,587 counseling sessions to clients in 2022.



ReDiscover received a four year SAMHSA grant for \$1 million for each year to assist in enhancing our Peer Support and Family Support Services.



Shannon Moss was selected as a 2022 Woman of Distinction Honoree by The Examiner to recognize her dedication to Eastern Jackson County and the impact ReDiscover had on Missouri's 988 implementation.



**"I'm always amazed
by how everyone at
ReDiscover goes
above and beyond.
They are so
supportive and
helpful."**

- A 2022 REDISCOVER CLIENT



Make a Difference

1

Donate Financially

When you give to ReDiscover, you provide short term needs and long term solutions. Your gifts are the first steps towards hope and recovery for someone in need. Give today at rediscovermh.org/giving!

2

Leave a Legacy

Leaving a legacy through a Will or Trust can positively impact lives for generations to come.

3

Donate Goods

If you're interested in donating items please contact our Community Relations Team by email at marketing@rediscovermh.org.

You can see our updated list of most needed items on our website at rediscovermh.org/giving.

ReDiscover's 2022 Board of Directors

Brandon Brown	Randy Rhoads
Jennifer Craig (President)	Rob Robinson*
Jim Gilligan	Kathy Ross
Orland Gutierrez (Vice Chair)	Catherine Singleton*
Dr. Chad Hertzog	Stephanie Spears*
Leonard Jones	Dave Stackelhouse (Chair)
Siobhan McLaughlin Lesley	Erika Wheeler (Secretary/Treasurer)



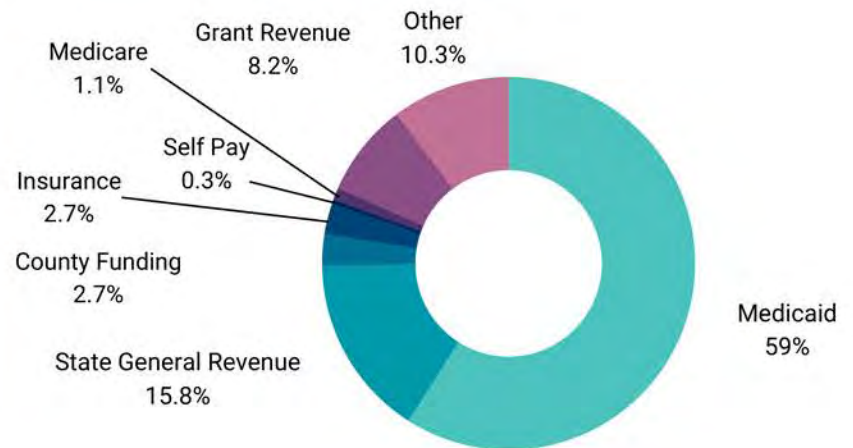
*Indicates board members not pictured.

Our Financials



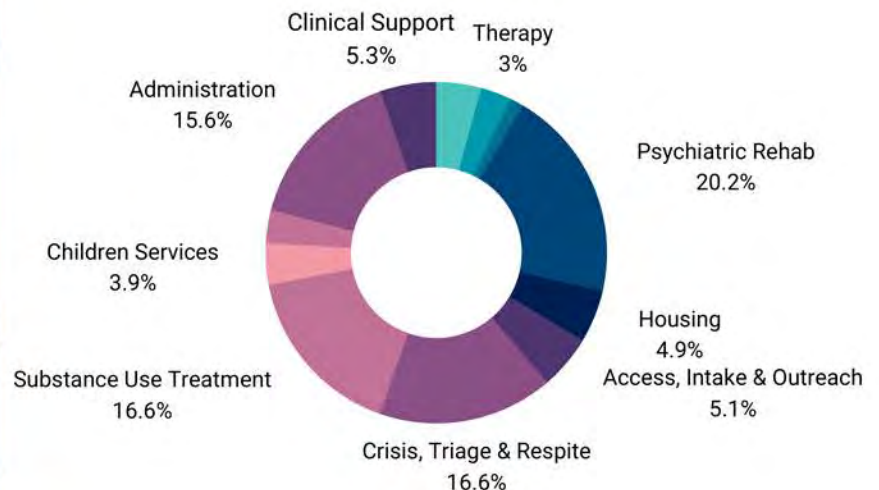
2022 Revenue Sources

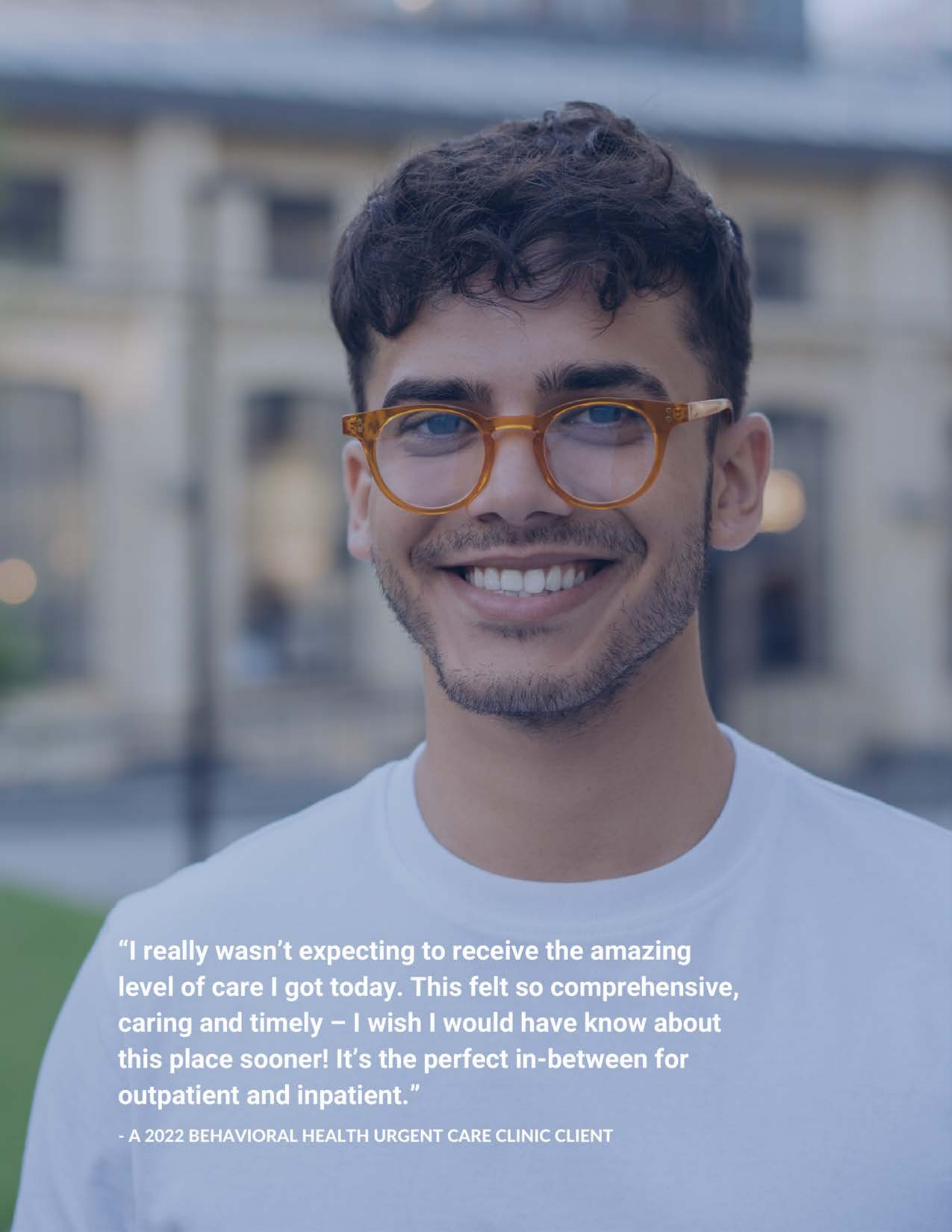
2022 TOTAL REVENUES: \$54,733,631



2022 Expenses by Program Category

2022 TOTAL EXPENSES: \$58,785,470





"I really wasn't expecting to receive the amazing level of care I got today. This felt so comprehensive, caring and timely – I wish I would have know about this place sooner! It's the perfect in-between for outpatient and inpatient."

- A 2022 BEHAVIORAL HEALTH URGENT CARE CLINIC CLIENT

Our Partners

Our Partners, whether corporate sponsors or small-but-mighty individual donors, drive awareness and action through their generosity. We are grateful to each of our donors and event sponsors for their unwavering commitment to ReDiscover.

Gold Level Donors

Blue Cross Blue Shield KC
Country Club Trust Co.
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Mariner Foundation
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Steve Mihaylo and Lois Mihaylo Foundation
Vivian and Hymie J. Sosland Charitable Trust

Silver Level Donors

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Miller Nichols Charitable Foundation
Monika Bonavia
Morgan Family Foundation
Patricia Sweeny Memorial Fund
Seigfreid, Bingham PC
Steve & Lisa Ruben
United Way Of Greater Kansas City

Champion Level Donors

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Bev Hatley
Blake Waters
Bob and Kathy Ross
Don Orten
Edler Family Foundation
Elizabeth Falke
Ever Loved Inc.
Fred and Lavina Waters
Jana and John Preston
Our Lady of the Presentation
Ray-Pec South Middle School
Rhae Burt
Shannon Moss
Virginia Miller

*If we have inadvertently omitted or misspelled any names, please advise us at marketing@rediscovermh.org so that we may correct our records. Thank you!



Members of Team ReDiscover at our organization-wide appreciation event in May 2022



ReDiscover's Suicide Prevention Team at a client celebration in August 2022



ReDiscover's CPRP teams hosted holiday parties for clients in December 2022



ReDiscover celebrates being selected as one of the benefiting organizations for the Royals Charities Shut Out The Stigma campaign.



ReDiscover's Substance Use Treatment Teams hosted a client celebration in September 2022



ReDiscover's WOW! (Working on Wellness!) committee hosted Wellness Week activities



ReDiscover's Fearon Location hosted a client party in May 2022

ReDiscover

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